



### **Fitness Center Rules**

*This facility is under 24 hour surveillance*

1. Persons under the age of 18 are not authorized to use the facility or the equipment unless accompanied by an adult resident.
2. Guests using the fitness center must be accompanied by the hosting resident.
3. All dumbbells, equipment, and attachments are to be returned to the proper places after use.
4. Do not drop or slam weights or dumbbells on the floor.
5. Wipe down equipment after use.
6. No smoking, alcohol, or pets allowed.
7. Residential equipment and personal items are not to be donated or stored in the fitness center unless approved by the Board.
8. Any misuse or abuse of this facility/equipment can result in the loss of privileges in using the fitness center, as well as, payment for damages.
9. If you witness any abuse or misconduct within the fitness center please report it immediately to the office at 912-826-2539 or [silverwoodplantation@outlook.com](mailto:silverwoodplantation@outlook.com).
10. Lost and found is located in the Clubhouse office.
11. In case of emergency call 911.